

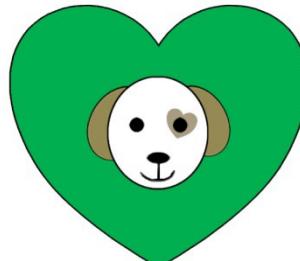
Shift and Shine®



Heart Focus +



Heart Breathing +



Heart Feeling =



Peaceful Heart

My Peaceful Heart Picture

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