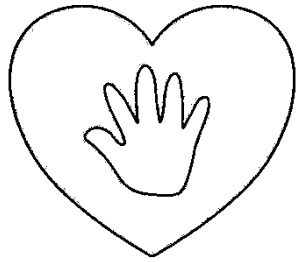
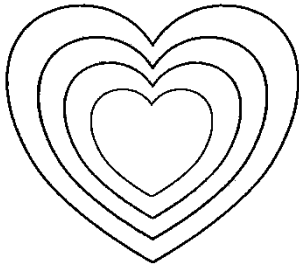


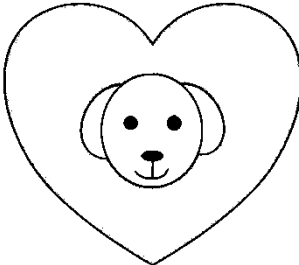
Shift and Shine®



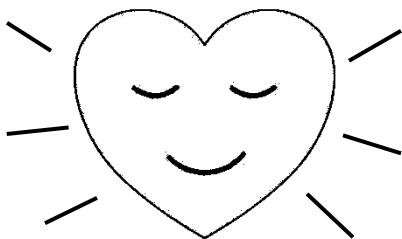
Heart Attention +



Heart Breathing +



Heart Feeling =



Peaceful Heart

My Peaceful Heart Picture